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Introduced by Senator Price

May 23, 2012

Senate Resolution No. 33—Relative to Let's Move California Day.

WHEREAS, On June 16, 2012, Let's Move California Day will mark the beginning of a statewide campaign to end childhood obesity in communities across California; and

WHEREAS, Let's Move is a comprehensive initiative, launched by Michelle Obama, the First Lady, dedicated to solving the challenges of childhood obesity within a generation so that children born today will grow up healthier and able to pursue their dreams. Combining comprehensive strategies with common sense, Let's Move is about putting children on the path to a healthy future during their earliest months and years; and

WHEREAS, Childhood obesity rates have tripled over the last three decades, and nearly one in three children in the United States of America and California is overweight. Even more troubling, 40 percent of children in African American and Hispanic communities across the United States are overweight or obese; and

WHEREAS, As a result of such high obesity rates, one third of all children born in the year 2000 or later will suffer from diabetes, while many more will suffer from heart disease, high blood pressure, or asthma; and

WHEREAS, Obesity rates in low-income communities continue to rise across California. In a 2010 study published in the American Journal of Public Health by researchers from the University of California, Los Angeles, researchers concluded that obesity rates have increased dramatically in low-income communities; and

WHEREAS, A recent study showed that juvenile arrest and teen birth rates in Los Angeles County were lower in areas where $SR 33 \qquad \qquad -2-$

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schools offered more sports. Other studies have also concluded that youth involved in organized sports have higher levels of academic achievement and school attendance; and

WHEREAS, The rising economic cost of obesity is crippling the state's economy, according to a study by the California Center for Public Health Advocacy (CCPHA). The economic costs in California of an overweight, obese, and physically inactive adult population are an estimated \$41 billion per year; and

WHEREAS, The Let's Move California campaign will mobilize people to improve the health of California's children through physical activities and sports and ensure that California's youngest children will have the basic physical skills to live and learn to their highest potential; and

WHEREAS, The Let's Move California campaign will give our state a competitive advantage by reducing health care costs and increasing California's workforce competitiveness; now, therefore, be it

Resolved by the Senate of the State of California, That the Senate recognizes June 16, 2012, as Let's Move California Day, and urges all Californians to recognize the importance of ending childhood obesity; and be it further

Resolved, That the Secretary of the Senate transmit copies of this resolution to the Governor, the State Public Health Officer, the California State Library, the State Archives, and to the author for appropriate distribution.